

Making steady progress at our exciting new Solihull Retirement Village.



Work has now begun on site at Solihull, where the hoardings were erected earlier in the year. We expect to complete the village 2021.

Solihull Village will offer a new lease of life for over 55s in Shirley when it opens in 2021.

Based on the site of the former Powergen offices at Shirley, the village is located on nearly four acres of land on the corner of the Stratford Road and Haslucks Green Road, around 10 minutes from the M42 and an easy bus ride away from central Birmingham.

Taking shape behind the hoardings are 260 apartments, with 104 for outright sale, 104 for shared ownership, and 52 for rent from the local council. ExtraCare aims to ensure that



the village is affordable for every applicant whatever their financial circumstances.

As our philosophy at ExtraCare is that later life is for doing more, not less, Solihull Village will give residents the chance to be part of an active and vibrant community, able to make the most of a superb range of social and leisure

facilities and activities right on their doorstep.

These will include a village hall, hair and beauty salon, a café bar and bistro, library, IT Suite, a gym, games area, a greenhouse, market area, rooftop garden, and even a village cinema!

All the homes will be fully accessible to wheelchairs. Each will have its own front door, leading to a bright hallway, kitchen, living room, bathroom and one or two bedrooms. The apartments are built to the highest standards, with good sized rooms, central heating and double glazing.

Residents' Story

David and Colette Woodbridge So excited to have moved into an ExtraCare village.

David and Colette Woodbridge were one of the first couples to move into our Hughenden Gardens Village when it opened in May this year.

Colette is retired and David is retiring shortly. They had lots of stairs and a large garden at their previous home, and had difficulty maintaining it. So when they saw the plans for the village 5 years ago in a local paper, they kept their eyes peeled for more information before deciding the move was right for them.

Having been to Friends meetings and get togethers, and met with residents from other ExtraCare villages, the couple had heard about how life at ExtraCare provides endless opportunities to be active, enjoy your independence and get more out of later life. Moving into their beautiful village apartment was also the perfect opportunity to downsize and give their sons peace of mind.

Colette loves having access to all the village's social and leisure facilities and activities; she can pop into the village shop, the hairdressing and beauty salon, or meet friends in the café bar and bistro. She can visit the Library/IT Suite to surf the internet, or tone up in the Fitness Centre. There's even a proper village hall, which is perfect for when you fancy a dance or a get-together.

The village is open to everyone, so there are always lots of new like-minded friends and neighbours, and the couple are never short of things to do.

They both think the staff are amazing. Everyone says hello and there's always someone around to help or answer any questions.

After taking up Tai Chi classes and joining the gym, Colette is now looking forward to volunteering on reception for a few hours a week. In fact, both David and Colette are eager to get involved in village activities, whilst finding time to relax and enjoy their retirement together. Both they and their family think that moving to the village is the best thing they've ever done.



Moving to
the village is
the best thing
we've ever
done.

Enjoy a more active and independent lifestyle.

When Solihull Retirement Village opens in 2021, it will offer 260 new apartments built around a superb range of social, leisure and well-being facilities, enabling you to stay active and independent for longer amongst friends and neighbours, safe in the knowledge that if you need care, now or in the future, it can be provided by a dedicated on-site team in the comfort of your own home.



ExtraCare's Well-being programme – a proven success.

Research by Aston University shows that ExtraCare residents typically enjoy fewer unplanned hospital stays, fewer routine GP visits, and reduced NHS costs compared with people in traditional residential care.

The ExtraCare Charitable Trust's model:

- Results in a 24% reduction in social care needs within 5 years*
- Reduces NHS costs by 38%**
- Reduces unplanned hospital stays from 8-14 days to 1-2 days**
- Reduces routine and regular GP visits by 46%**
- Results in significant cost savings on social care for local authority commissioners**

Find out more at www.extracare.org.uk/research



* The International Longevity Centre-UK, 2011.

**Aston Research Centre for Healthy Ageing (ARCHA) at Aston University Research, 2015.



Upcoming Events

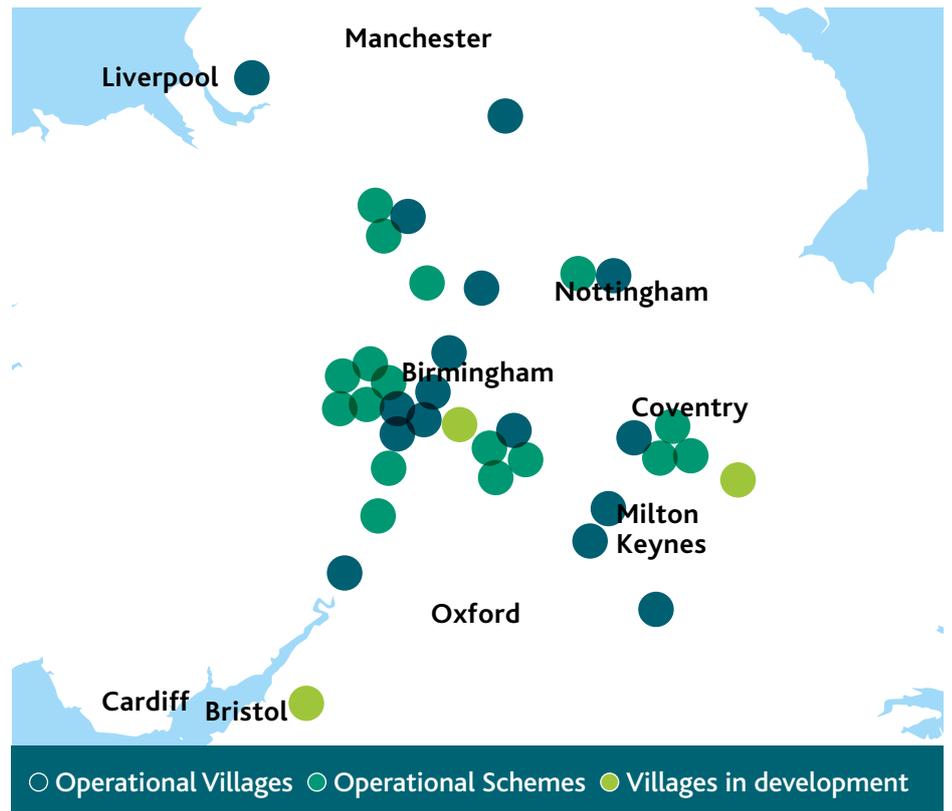
Don't miss our Village Information Day.

Saturday 6th October, at The Village Hotel, Solihull.

This will give you the perfect opportunity to come along and learn all about this amazing new village and what it has to offer. It will also be your chance to discover first hand whether living at an ExtraCare village is right for you.

We'll be in touch nearer the time with an invitation and full details.

Our LOCATIONS



ExtraCare - the charity

Founded in 1988, The ExtraCare Charitable Trust is a registered charity based in Coventry. We operate over 30 retirement villages and smaller housing developments across the Midlands and the North. Our vision is better lives for older people and our mission is creating sustainable communities that provide homes older people want, lifestyles they can enjoy and care if it's needed.

The
ExtraCare
Charitable Trust

Better lives for older people

A registered charity since 1988

www.extracare.org.uk

 SolihullRetirementVillage

Call **0870 777 4800** or visit www.solihullvillage.co.uk