

Better lives

at Wixams

➤ **Welcome**
to our vibrant community

➤ **Explore**
the local surroundings

➤ **Enjoy**
the activities on offer



Discover a taste
of Wixams Village

Edition 1 - June 2023

Welcome to Wixams Village

We're delighted to welcome you to Wixams Village, part of the ExtraCare Charitable Trust collection.

Located just three miles from Bedford Town Centre, Wixams Village provides community living for over 55s in a beautiful parkland setting. We're a registered charity and our mission is to provide homes people want, a lifestyle they can enjoy and care if it's needed. Part of our philosophy is that later life is a time for doing more, not less, that's why we encourage residents to take part in our varied activity schedule and to start new hobbies.

The village is a safe haven for all and there is a real sense of belonging among both staff and residents at Wixams Village. Everyone looks out for each other, residents and staff care about each other's wellbeing - we really are like one big family.

Use your time at Wixams Village to make new friends, try exciting activities and enjoy our wonderful facilities.

We look forward to welcoming you into our community!

Village Manager



‘*Moving here was the best decision I've ever made.*

Village resident





Enjoy a fantastic range of facilities



Beauty salon



Bistro/
restaurant



Dementia & Mental
Wellbeing Service



Greenhouse



Guest suite



Gym



Hairdressers



Laundrette



Indoor bowls



Library/
IT suite



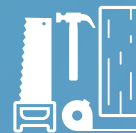
Village hall



Village shop



Wellbeing
suite



Woodwork
room

Dine in our village bistro

Our village bistro is open daily, serving hot and cold food, drinks, snacks and desserts. Head to the bistro and request a menu, or speak to a member of staff if you have specific dietary requirements.



Weekly activities

When you feel like getting active and being sociable, our superb range of weekly activities will help you make the most of each day. With so many new like-minded friends and neighbours, you'll never be short of things to do.

Choose from a range of activities each week including:

- Tai chi
- Arts and crafts
- Walking football
- Circuit training
- Knit and natter
- Quiz night
- Mindfulness activities
- Outdoor exercise classes
- Evening entertainment

Ask one of the team for our activities schedule.



It's great to see residents get a new lease of life after moving in.

Village receptionist



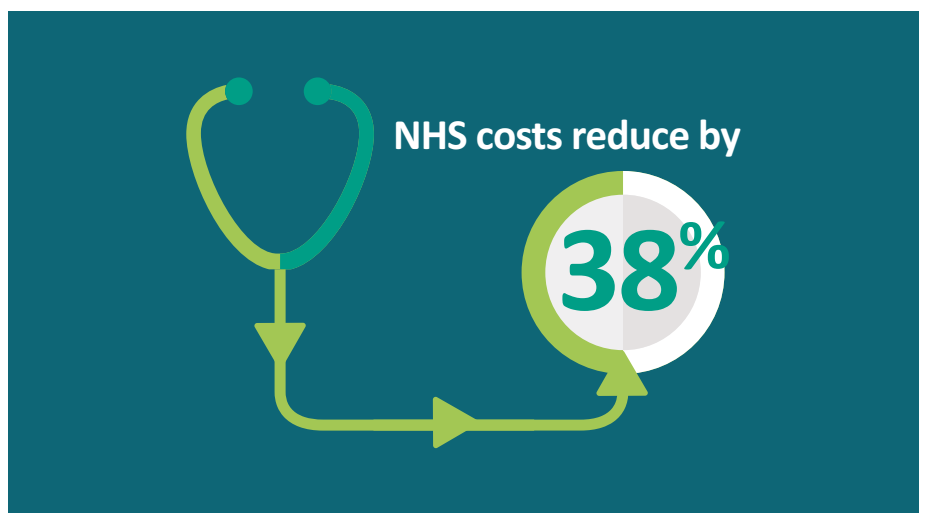
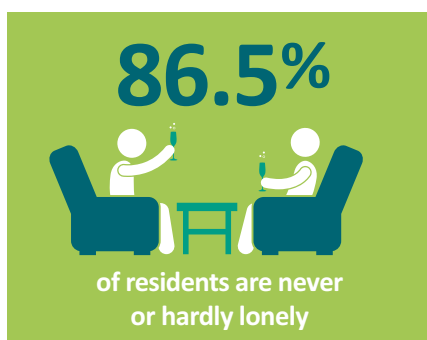
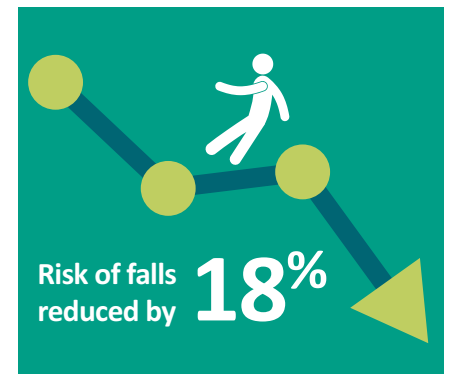
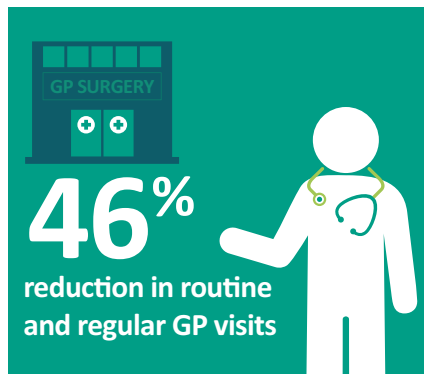
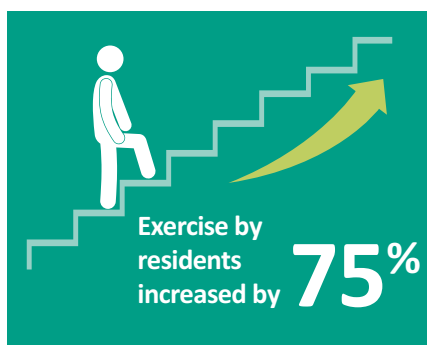
It's terribly important that the example ExtraCare has set is more widely known and communicated to society, particularly to people in local governments so that they can realise the benefits to the health service that these villages bring.

Baroness Sally Greengrass OBE

Making an impact

Findings from an independent study into healthy ageing carried out by Aston and Lancaster Universities (2019) evaluated how our unique model of integrated homes, health and social care makes a real difference to older people's lives.

The research found that after moving in, residents felt a significant improvement to their physical and mental health.



Light and spacious apartments

All homes at Wixams Village provide independent living as part of a wider, bustling community.

Each home has been thoughtfully designed to enhance your life. We've thought about every last detail so you don't need to worry about a thing. All you need to do is move in and start making memories.



Images show a typical ExtraCare village apartments



Get in touch with a village representative on 01234 981664 if you would like to find out more about our homes.



A safe haven for our residents

In June 2020, we caught up with residents across our village network to ensure they continue to feel safe and secure. Here's what they had to say about ExtraCare villages:



‘I’ve made some wonderful new friends since moving here and the staff are amazing.

Megan, 83, lives alone but feels safe

‘There’s no stress, everything you want is here. But it’s the peace of mind for me and for my children - that’s what’s most important.

Myrtle, 82, keeps active with fitness classes

‘Sometimes I sing to other residents from my balcony! Nobody minds, it’s brilliant. Everyone is so friendly - what more can I say?

Ron, 93, loves the security and companionship

‘I’ve got everything under one roof here. I’ve got to know all my neighbours - everyone speaks to everyone, it’s really good.

David, 64, enjoys the quiz nights

Did you know...

- The village was built in 2019
- Our 230 homes are made up one and two bedroom apartments
- Affordable living options are provided through social rent or shared ownership
- Properties can also be purchased outright
- The village team provides care to around a third of residents. Dependent on individual circumstances we can support significant assessed care needs, including dementia
- We have car parking available for residents and guests



Discover the local surroundings

Situated on a six acre green field setting, Wixams Village is conveniently located just three miles from Bedford Town Centre. The area is home to more than 300 acres of parkland and lakes, as well as a network of extensive cycle routes.

Bedford itself is home to a range of parks, museums, theatres and sporting venues. The town also hosts a range of regular events such as the Bedford River Festival, the Bedford Regatta, Proms in the Park and an International Kite Festival.



Retail therapy

Wixams Village is ideally situated near Bedford which has a range of shopping facilities as well as cafés, restaurants and bars. Based on the banks of the beautiful River Great Ouse, Bedford offers winding back streets and a great deal of history and character. The ancient medieval architecture of the town draws many people from the surrounding area to shop here on a regular basis.

**Wixams
Village**



For more information
contact us on:

☎ 01234 981664

✉ wixams@extracare.org.uk

🖱 extracare.org.uk

Wixams Village, Bedford Road,
Bedford, Bedfordshire, MK42 6EA

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of this document
in large format, in
braille or on audio
tape, please contact
02476 506011.

The ExtraCare Charitable Trust: Registered Office: 7 Harry Weston Road, Binley Business Park, Binley, Coventry, CV3 2SN.

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